

Retrograde PLANETS



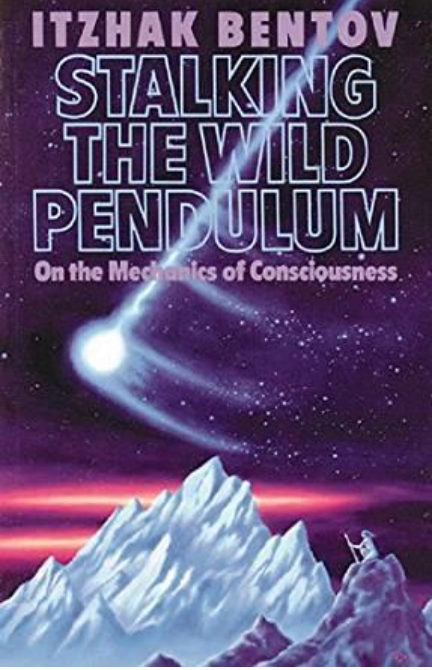
With Cayelin K Castell

And Erik M Roth

For the Shamanic Astrology Mystery School

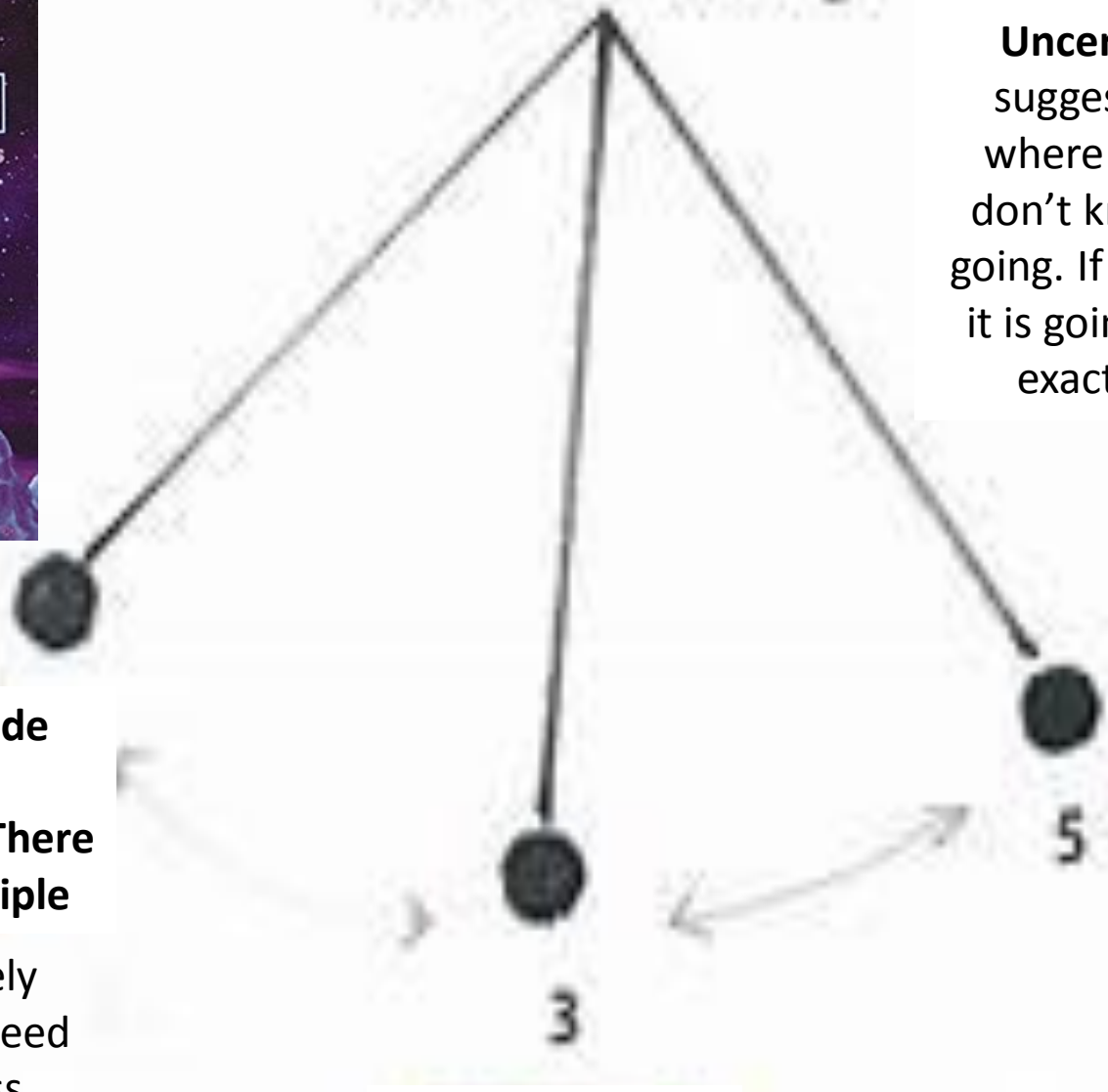
A Planetary Retrograde refers to the apparent backward motion of a Planet retracing its path in the sky revisiting stars it just passed from the Earth's Perspective. The effect is similar to passing a slower moving car on the road - creating the illusion that the other car is moving backward even though it is still actually moving forward.





Pendulum Swing

Relating to Planetary Station Points and the Uncertainty Principle suggesting if we know where something is we don't know how fast it is going. If we know how fast it is going we don't know exactly where it is.



**Station Retrograde
Still Point
Neither Here Nor There
Uncertainty Principle**

The more accurately we know either speed or location, the less accurately we know the other...

**Station Direct
Still Point
Neither Here Nor There
Uncertainty Principle**

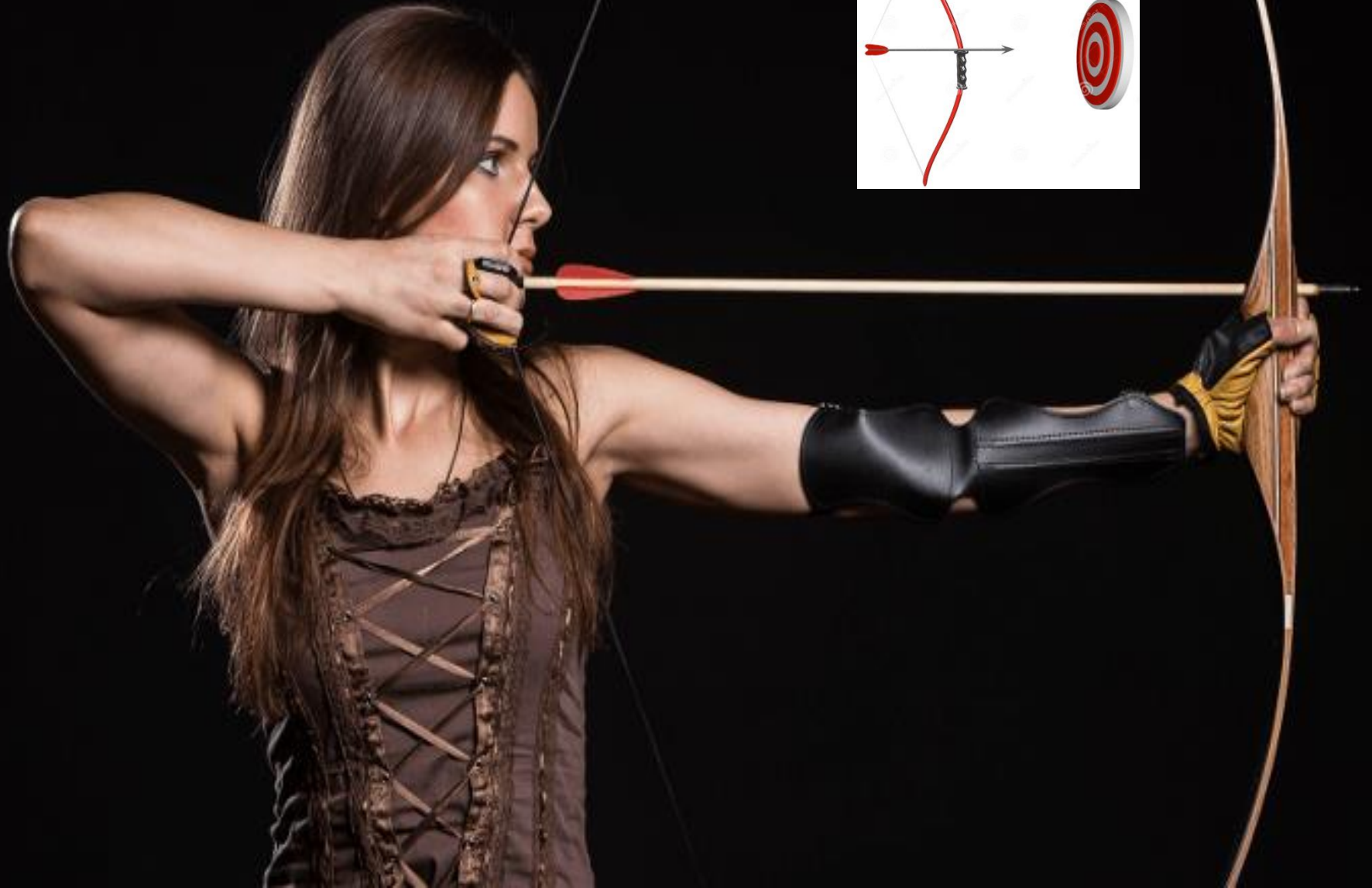
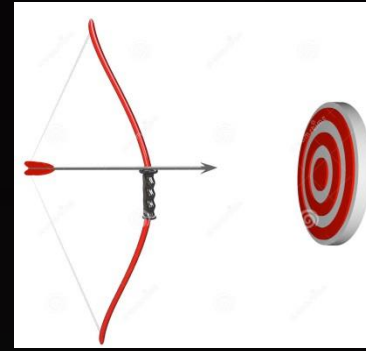
Opposition to the Sun

The Still Point

T.S. Elliot

*At the still point of the turning world. Neither flesh nor fleshless;
Neither from nor towards; at the still point, there the dance is,
But neither arrest nor movement. And do not call it fixity,
Where past and future are gathered.
Neither movement from nor towards,
Neither ascent nor decline.
Except for the point, the still point,
There would be no dance, and there is only the dance,
I can only say, there we have been: but I cannot say where.
And I cannot say, how long, for that is to place it in time.
The inner freedom from the practical desire,
The release from action and suffering, release from the inner
And the outer compulsion, yet surrounded
By a grace of sense, a white light still and moving.*

Any retrograde is similar to pulling an arrow back on Bow moving it was from the intended target to gather power and momentum to move forward with intent and purpose.





**Or its like walking
back to get a closer
look - or deeper
understanding of
something you just
passed by.**



Planet	Appx. Degrees from Sun at Rx	Approximate Length of Retrograde every year except for Venus (19 months) & Mars (2 yrs)	Appx. Degrees Re-Crossed
Mercury	14° to 21°	21 days every 4 months or 17% of the time	09° to 17°
Venus	30°	40 days every 19 months or 6.8% of the time	13° to 17°
Mars	138°	80 days every two years or 9.75% of the time	15°
Jupiter	117°	110 days or 30% of the time	10°
Saturn	109°	135 days or 36% of the time	07°
Uranus	102°	150 days or 41% of the time	04°
Neptune	102°	157 days or 43% of the time	03°
Pluto	99°	156 to 162 days or about 44% of the time	2.5°



Planet	Approximate Length of Retrograde every year except Venus (19 Months) and Mars (2.1 years)	Planet Returns NEAR Same Part of the sky
Mercury	21 days ever 4 months or 17% of the time	Every 6 and 7 years
Venus	40 days every 19 months or 6.8% of the time	Every 8 years
Mars	80 days every two years or 9.75% of the time	Most Precisely 47 and 79 years
Jupiter	110 days or 30% of the time	Every 11.6 years
Saturn	135 days or 36% of the time	Every 29.5 years
Uranus	150 days or 41% of the time	Every 84 years
Neptune	157 days or 43% of the time	Every 165 years
Pluto	156 to 162 days or about 44% of the time	Every 248 years

Mercury Retrograde



Mercury is a Trickster and Not Always Easily Visible

Retrograde is 21 to 22 Days About 19% of the cycle

- Mercury reaches Greatest Elongation from the Sun in evening sky - then retrogrades about a week later - stays in the evening sky about 8 days before disappearing in the glow of the Sun (7 % of the cycle)
- Mercury is with the Sun for about 6 days (6% of the cycle)
- Reappearing in the morning sky still retrograde for about 8 days (7%)
- $8 + 8 + 6 = 22$ days. These numbers represent an average as they vary from one retrograde to the next

Mercury Retrograde



Mercury Always Stations Retrograde In the Evening Sky Around 10 to 22 Degrees From the Sun


- Like Venus - it is time for all the wisdom, mastery and creative communication skills gained to be returned to the Metamorphic Underworld (a.k.a. Original Source)
- It is a short 6 day transition when retrograde Mercury is with the Sun before rising into the morning sky remaining retrograde for about 8 more days. However Mercury is more illusive so not always visible at these times.



VENUS RETROGRADE

**Always Stations Retrograde In the Evening Sky
Around 28 to 30 Degrees From the Sun**

- Venus is retrograde for about 40 days every 19 months
- **Currently Venus Stations Retrograde in 5 signs:**
Capricorn, Leo, Aries, Scorpio and Gemini
- 16 days in the evening sky + 16 days in the morning sky + 8 days with the Sun equals 40 days. This represents **6.9%** of the entire Venus Cycle
- 16 days in Evening and Morning Sky represents **2.8 %** for each
- 8 days in Underworld represents about **1.3 %** of the cycle
- Preparing to Die and be Reborn, the Ultimate Surrender, Letting Go and Releasing of the Current Identity (evening sky retrograde)
- Being reborn into a Whole New Incarnation as a Brand New, Youthful, Enthusiastic and Uninitiated Goddess (morning star retrograde)



Venus Retrograde In Metamorphic Underworld 7 to 8 days

- All the wisdom, mastery and skill gained is returned to the Metamorphic Underworld regardless of willingness to surrender and accept
- This phase represents a high level of mastery and wisdom while also knowing it is about to ALL be released back to Original Source
- Venus rises as Morning Star incarnating as a New Goddess remaining retrograde for about 16 days

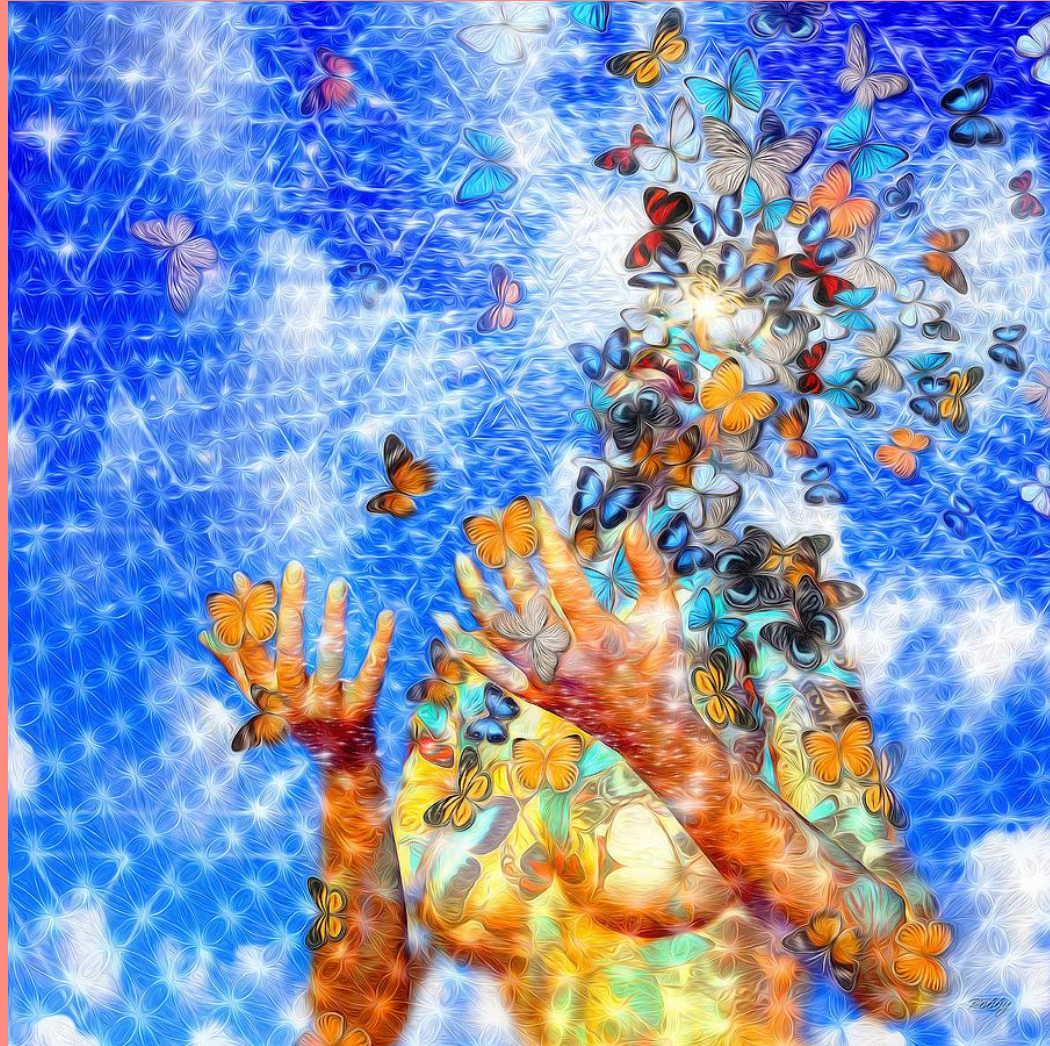
Metamorphic Underworld Intent for Mercury and Venus

- Surrendering Limited Perspectives and Awareness that support rapid transformation into an Overall New Identity or Archetypal Expression
- An opportunity to experience the fluidity of Time, creating new possibilities of experiencing freedom from the constraints of linear time in 3-D reality expanding into the multi-verse where all possibilities and probabilities already exist
- Creates a magical field that uplifts and expands Awareness when embracing and surrendering to the evolutionary prerogative



Metamorphic Underworld Shadow for Mercury and Venus

- Resistance to change and the metamorphic process
- Technical Issues
- Things not going as planned
- Communications Break Down
- Fear of Change, letting go and attachment to what has been attained
- Hanging on to old identities
- If old identities and fears do not go through the intended metamorphosis then future retrogrades will provide opportunities for that to take place though they may feel increasingly intense



Planets Retrograde slightly later each year



Planet	Average Length of Time to Next Rx within a year
Mars	25 to 26 months later
Jupiter	01 month later the following year
Saturn	13 days later the following year
Uranus	04 days later the following year
Neptune	02 days later the following year
Pluto	1 to 2 days later the following year

During Retrograde planets Trine Sun in Slowest Time



Planet	Trine The Sun approximate number of days
Mars	15 to 20 days before retrograde and after direct
Jupiter	10 days after retrograde and before direct
Saturn	12 days after retrograde and before direct
Uranus	18 days after retrograde and before direct
Neptune	19 days after retrograde and before direct
Pluto	20 days after retrograde and before direct

Approximated Number of Days Retrograde Planet Reaches Opposition to the Sun



Planet	Approximate Number of Days to Sun Opposition
Mars	39 to 50 days after Station Retrograde
Jupiter	60 days after Station Retrograde
Saturn	72 days after Station Retrograde
Uranus	78 days after Station Retrograde
Neptune	81 days after Station Retrograde
Pluto	83 days after Station Retrograde

2018 Mars Journey between Goat-Fish and Archer

Goat-Fish Constellation

Aquarius 09° 14'
Oct 8th

May 15th
Entered Aquarius

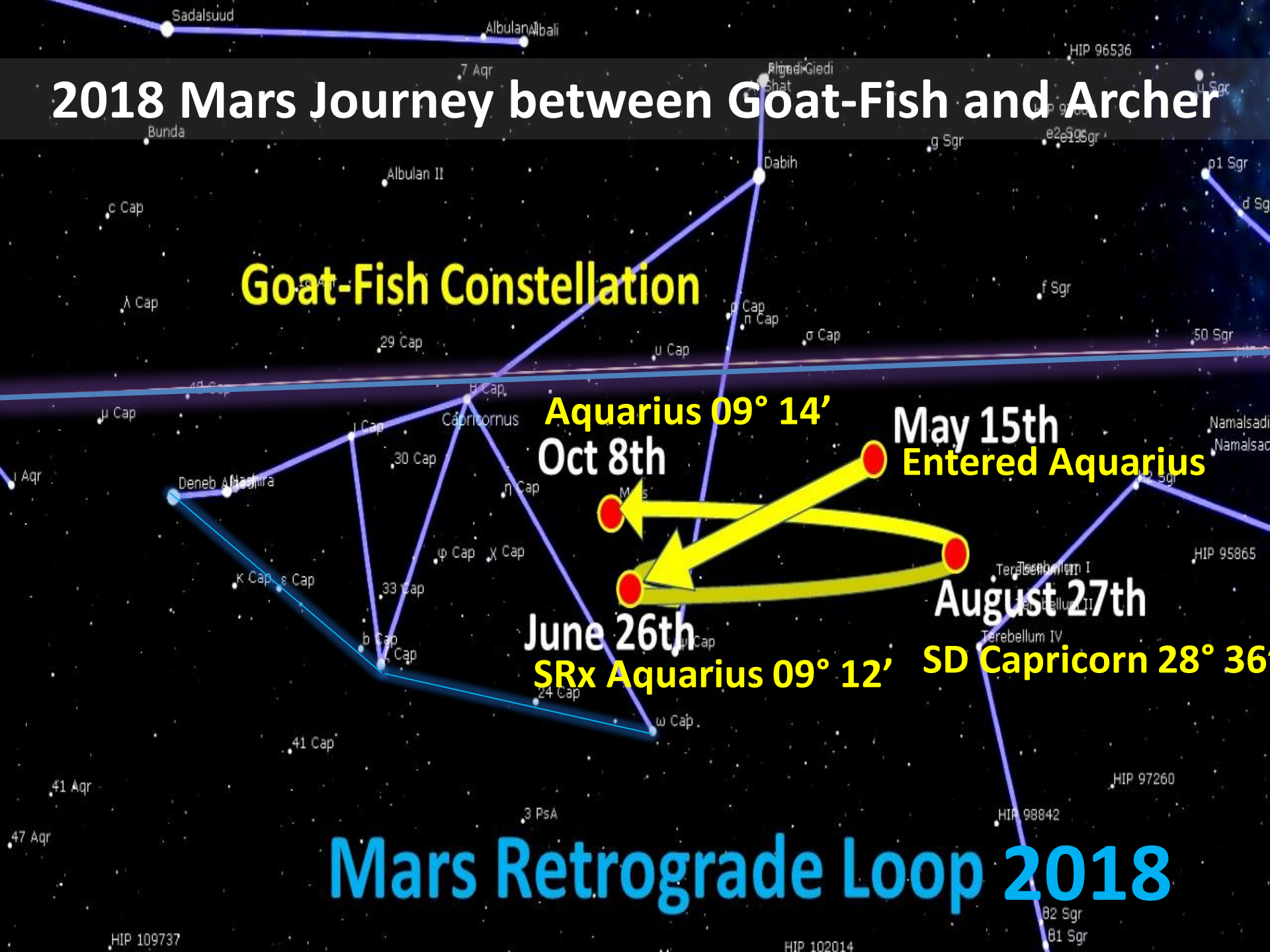
June 26th

SRx Aquarius 09° 12'

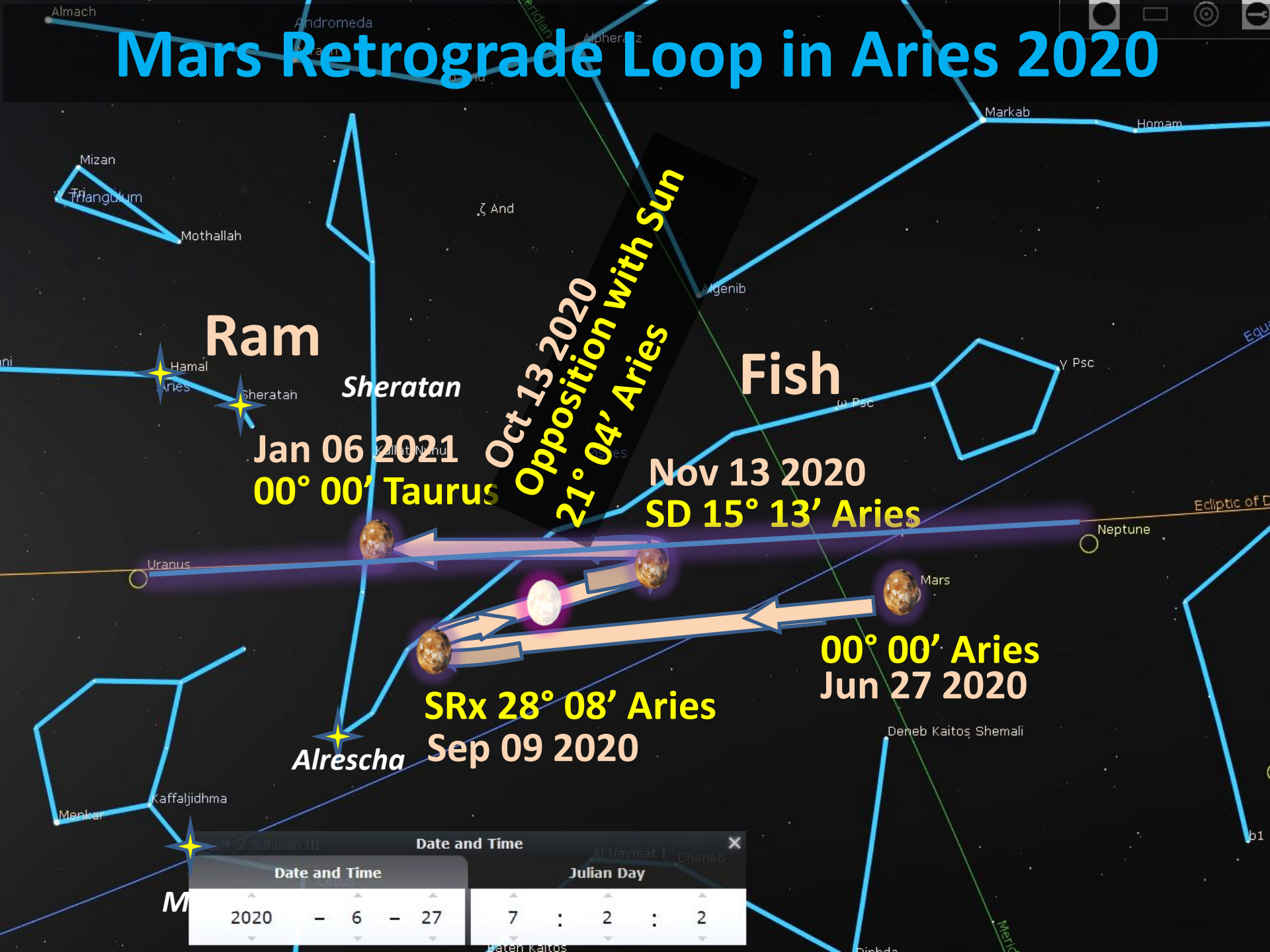
August 27th

SD Capricorn 28° 36'

Mars Retrograde Loop 2018



Mars Retrograde Loop in Aries 2020



Ram

Sheratan

Fish

Jan 06 2021
00° 00' Taurus

Oct 13 2020
Opposition with Sun
21° 04' Aries

Nov 13 2020
SD 15° 13' Aries

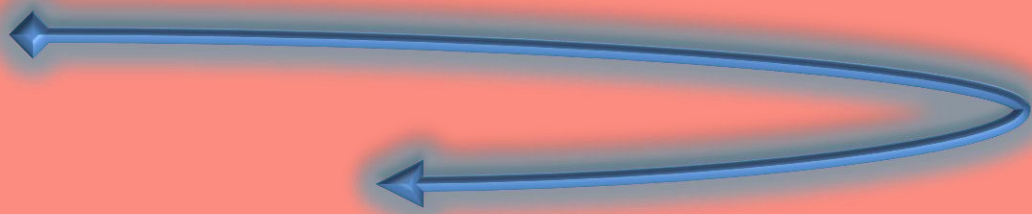
00° 00' Aries
Jun 27 2020

SRx 28° 08' Aries
Sep 09 2020

Alescha

Date and Time				Date and Time			Julian Day		
2020	-	6	-	27	7	:	2	:	2

17 Types of Retrograde Loops for Mars



Mars has 17 distinct retrograde loops

(pictured are the “opposition loops”).

Other planets outside Earth’s orbit have similar loops as seen from Earth (not as pronounced as Mars)

As described in *Mathematical Astronomy Morsels* by Jean Meeus Page 235

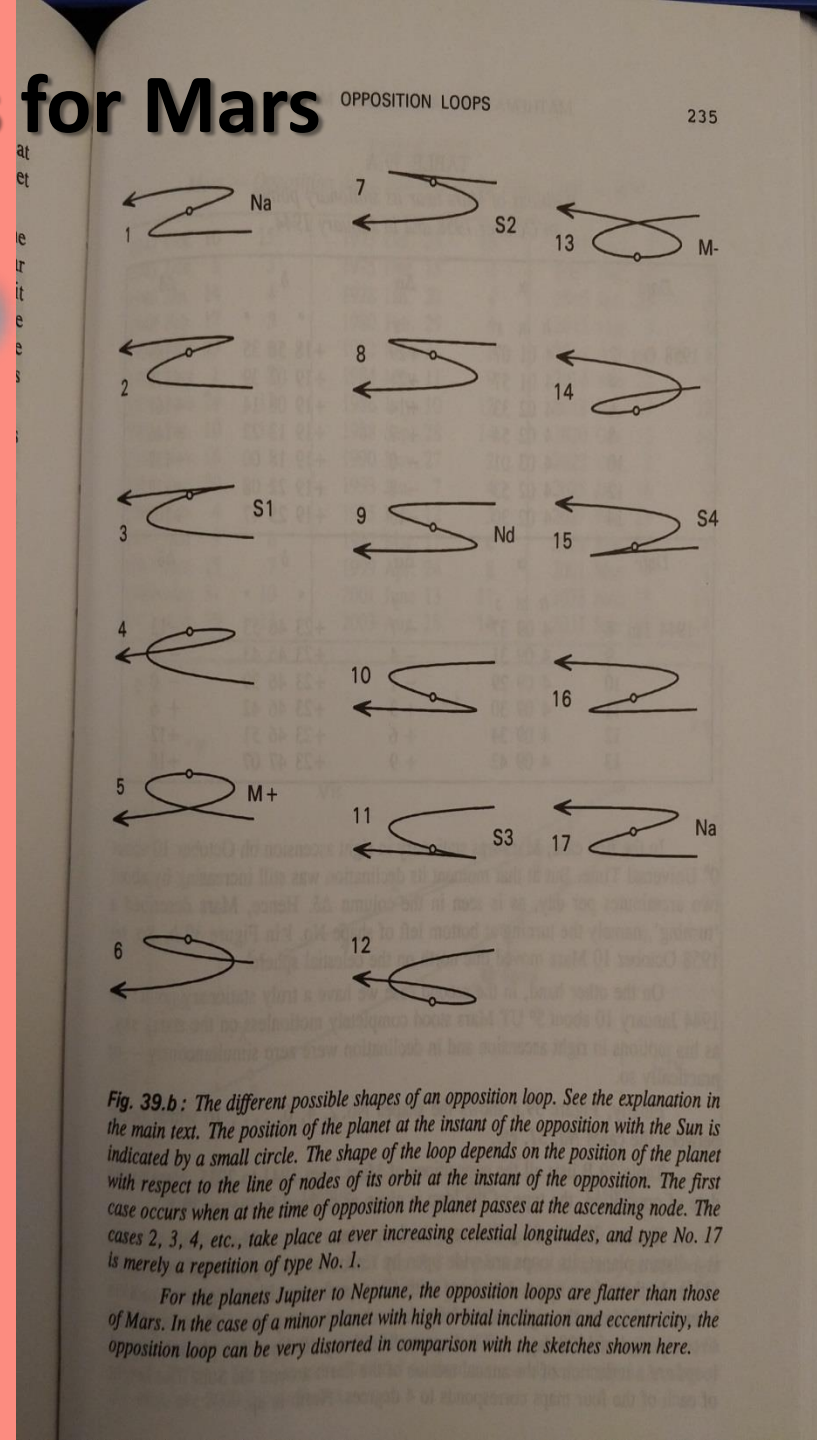


Fig. 39.b : The different possible shapes of an opposition loop. See the explanation in the main text. The position of the planet at the instant of the opposition with the Sun is indicated by a small circle. The shape of the loop depends on the position of the planet with respect to the line of nodes of its orbit at the instant of the opposition. The first case occurs when at the time of opposition the planet passes at the ascending node. The cases 2, 3, 4, etc., take place at ever increasing celestial longitudes, and type No. 17 is merely a repetition of type No. 1.

For the planets Jupiter to Neptune, the opposition loops are flatter than those of Mars. In the case of a minor planet with high orbital inclination and eccentricity, the opposition loop can be very distorted in comparison with the sketches shown here.

Mars Retrogrades

What do they Mean?

With any “retrograde”, there is an emphasis on the sign and area of sky the planet is retracing - going back and forth – the meaning depends on the sign and area of sky.

Mars spends anywhere from 61 to 83 days or 72.5 days on average in retrograde during its average of 780-day synodic cycle - only 9.3% of its entire cycle is retrograde, making it very rare when compared to Mercury and all of the planets, except for Venus.

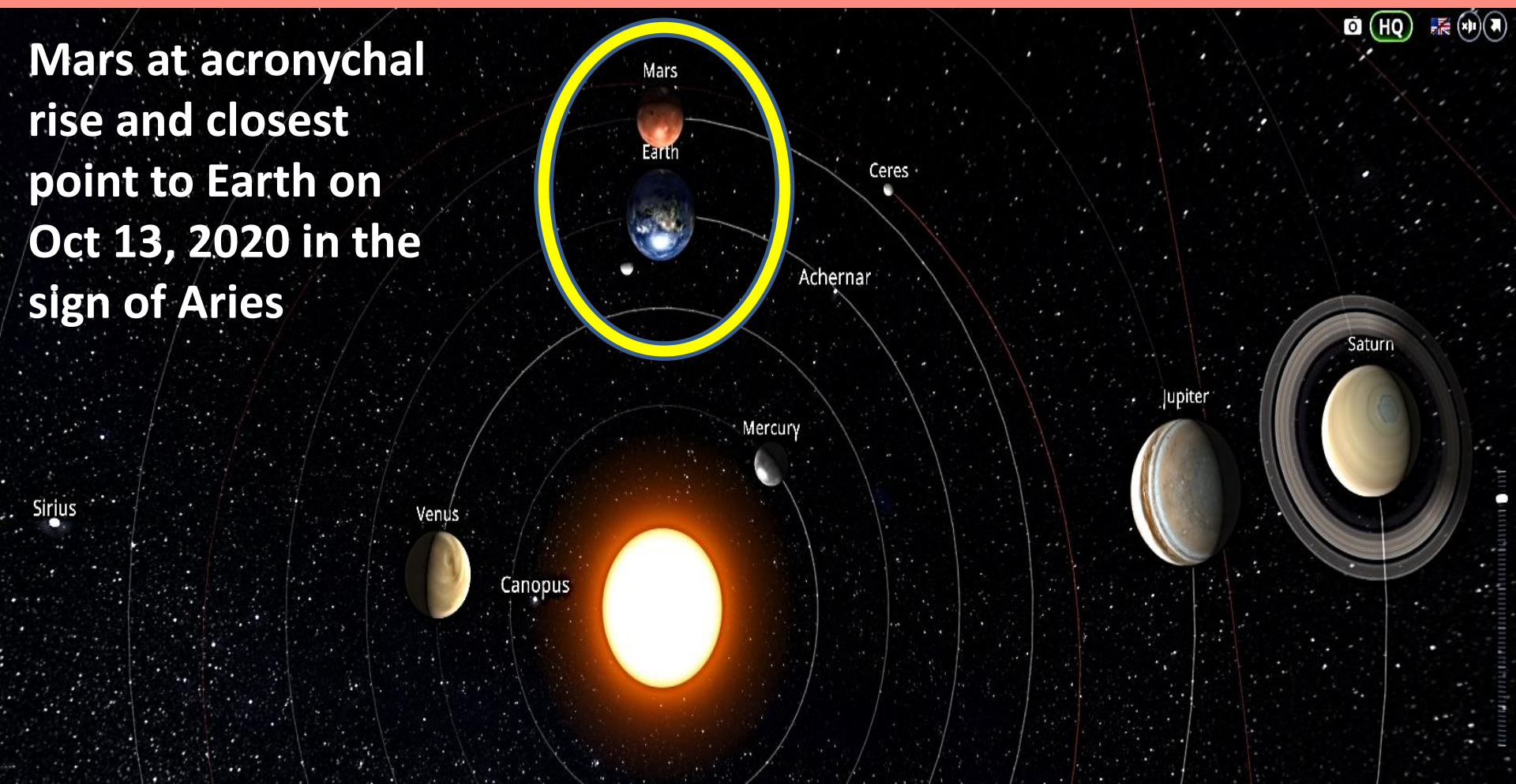
Neptune and Pluto spend the most days of any planet in retrograde.

Mars is at its brightest in the sky when it is retrograde because it is closest to Earth when Earth is catching up or has caught up to Mars in its orbit around the Sun.

When any planet orbiting outside of Earth is retrograde, including Mars, it is near, at, or just passed opposition with the Sun.

In the middle of its retrograde period, Mars is very close or at its closest point to Earth - rising in the east while the Sun sets in the west. **Called an “acronychal rise” of Mars or when in “opposition” to the Sun. (includes visible planets Jupiter and Saturn and the invisible outer planets too).** It means there is a powerful illumination of resonance and polarity between the Sun and Mars (or any planet opposite the Sun).

Mars at acronychal rise and closest point to Earth on Oct 13, 2020 in the sign of Aries



How Mars Emphasizes the Signs and Stars it Passes During its Retrograde

2016 Mars spent 9 months in the signs of Sagittarius and Scorpio near the stars of the Scorpion and a short time in the Scales. Out of 270 days with Mars in these 2 signs, 130 days were in Scorpio and 140 days in Sagittarius. 74 of the 270 days were spent in retrograde motion

The Mars-Sun opposition was 2 degrees of Sagittarius, close to the head of the Scorpion.

2018 Mars spent 6 months in Aquarius (one month was in Capricorn). Mostly Mars was between the Archer and the Goat-Fish. 63 of the 185 days in Aquarius and Capricorn Mars was retrograde.

The Mars-Sun opposition point was at 4 degrees of Aquarius, near the “front” of the Goat-Fish.

2020 Mars spends close to 6 ½ months in the sign of Aries mostly around the Fish constellation. The retrograde station is with the “knot” of the Fish, a star called *Alrescha*. Out of a total of 194 days in the sign of Aries, 66 days are retrograde. The opposition of Mars-Sun is at 15 degrees Aries.

Mars Retrograde – Ready for the Quest

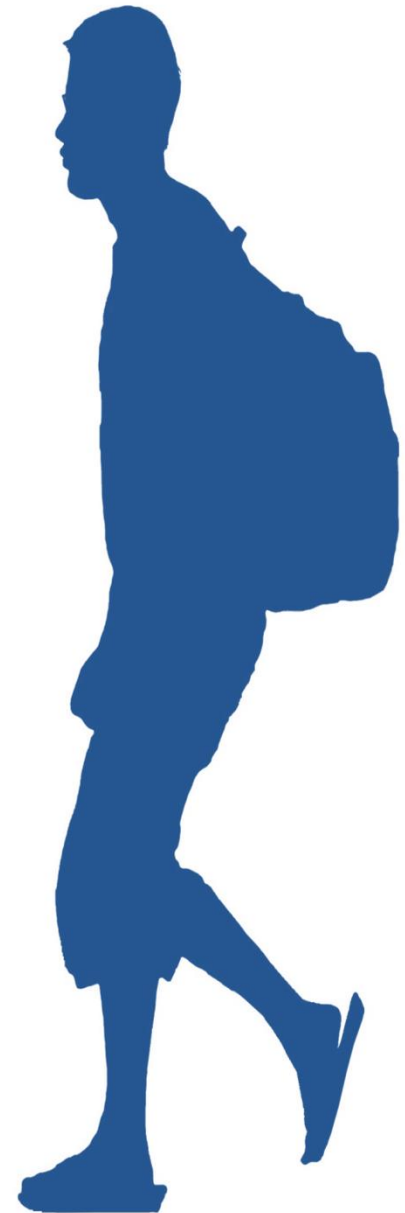
Mars retrograde highlights the sign, stars and region of space and symbolic preparation for the great masculine principle journey or quest.

Daniel Giamario divided the Mars cycle into six distinct phases with the retrograde gluing together phases zero and one.

The Mars journey or quest represents a symbolic maturation of a human being from infancy to elder wisdom.

Phase zero is connected to the gestation/incubation and can correspond to the conception of the birth life phase.

Phase one represents the actual birth and childhood of the masculine principle, depending upon the archetype present at the time of the Mars-Sun opposition or acronychal rise of Mars.





The annual Jupiter retrograde occurs about 4 to 6 weeks later each year and about 30° to 38° degrees later than the retrograde station the year before placing it in the next sign and occasionally skipping a sign.

Example:

May 14, 2020 27° Capricorn

Jun 20, 2021 02° Pisces

Skips stationing in Aquarius

May 14 2020	27°Cp14' R
Jun 20 2021	02°Pi11' R
Jul 28 2022	08°Ar43' R
Sep 04 2023	15°Ta35' R
Oct 09 2024	21°Ge20' R
Nov 11 2025	25°Cn09' R
Dec 12 2026	27°Le01' R
Jan 12 2028	27°Vi31' R
Feb 10 2029	27°Li25' R
Mar 13 2030	27°Sc38' R

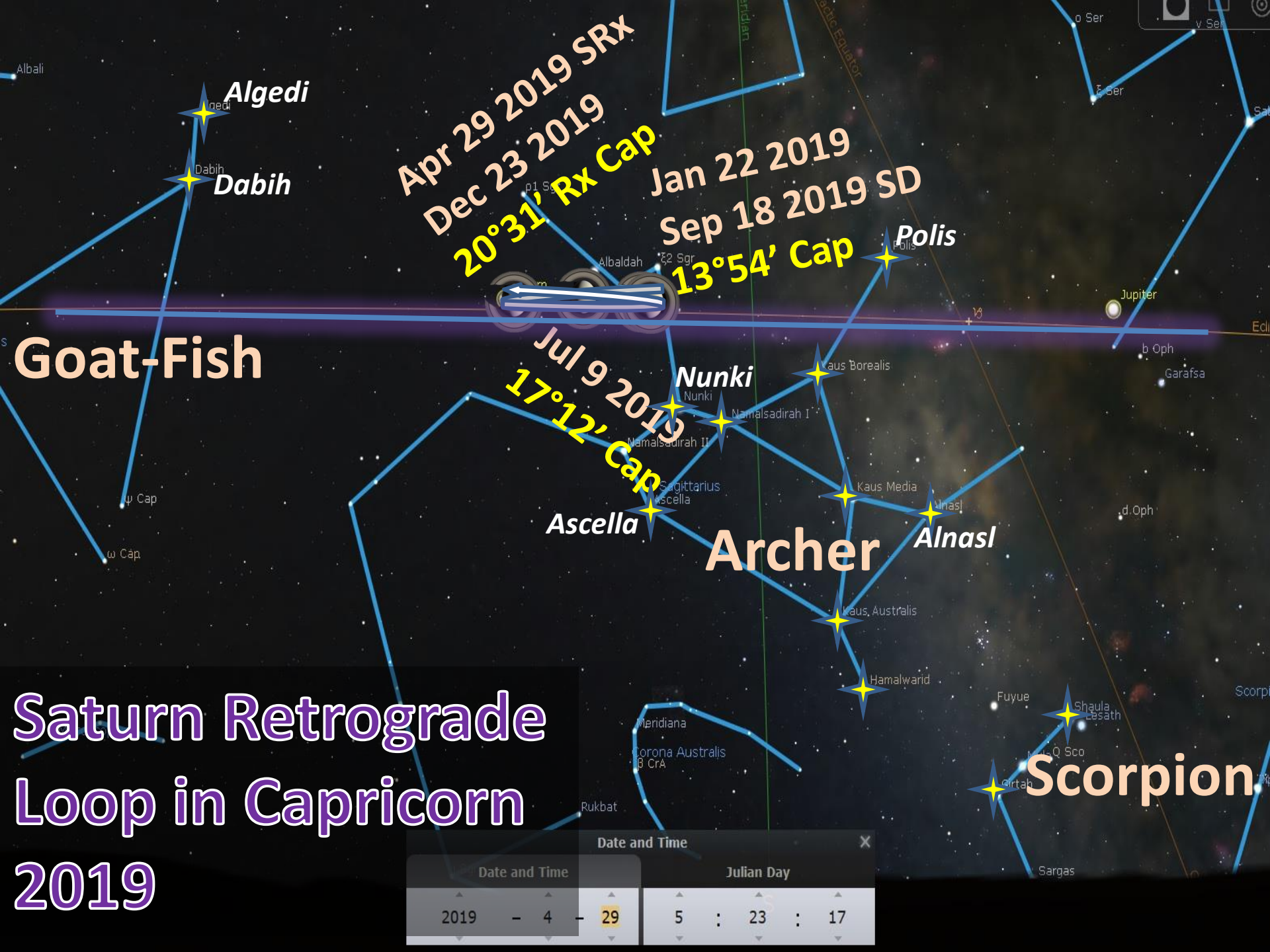
Jupiter Retrograde



- **Stands still for about four days before it stations retrograde**
- Trines the Sun 4 to 6 days later
- Spends about 115 to 120 days retrograde backtracking about 10° before stationing direct 4 to 6 days after the trine with the Sun

Jupiter opposite the Sun occurs about two months after the retrograde station and intensifies all situations where creative expressions or ideas may have been less accessible.

The trine after the retrograde station is continuing into a deeper dive, where as the trine before station direct is accessing additional possibilities to take forth once Jupiter goes direct.



Goat-Fish

Archer

Scorpion

**Saturn Retrograde
Loop in Capricorn
2019**

Apr 29 2019 SRX
Dec 23 2019
20°31' Rx Cap

Jan 22 2019
Sep 18 2019 SD
13°54' Cap

Jul 9 2019
17°12' Cap

Date and Time		Julian Day		
2019	- 4 -	29	5	: 23 : 17

Saturn Retrogrades

Saturn spends about 4 ½ to nearly 5 months in retrograde every year with an average of 139 days (can vary from 134 days to 143 days).

The meaning of a specific Saturn retrograde has to do with where in the sky the retrograde takes place and the sign Saturn occupies.

In 2018-2020 the ringed planet is primarily in the sign of Capricorn and the Archer constellation emphasizing the tension of the Archer's bow, arm and shoulder - carefully aiming of the arrow.

This invites contemplation of long-term, gathering of information and knowledge, planting seeds for the future and tapping into the wisdom of the deep earth.

Retrogrades of Vesta and Ceres

Vesta and Ceres are planetary bodies (dwarf planets?) orbiting between Mars and Jupiter with varying times to complete their orbits.

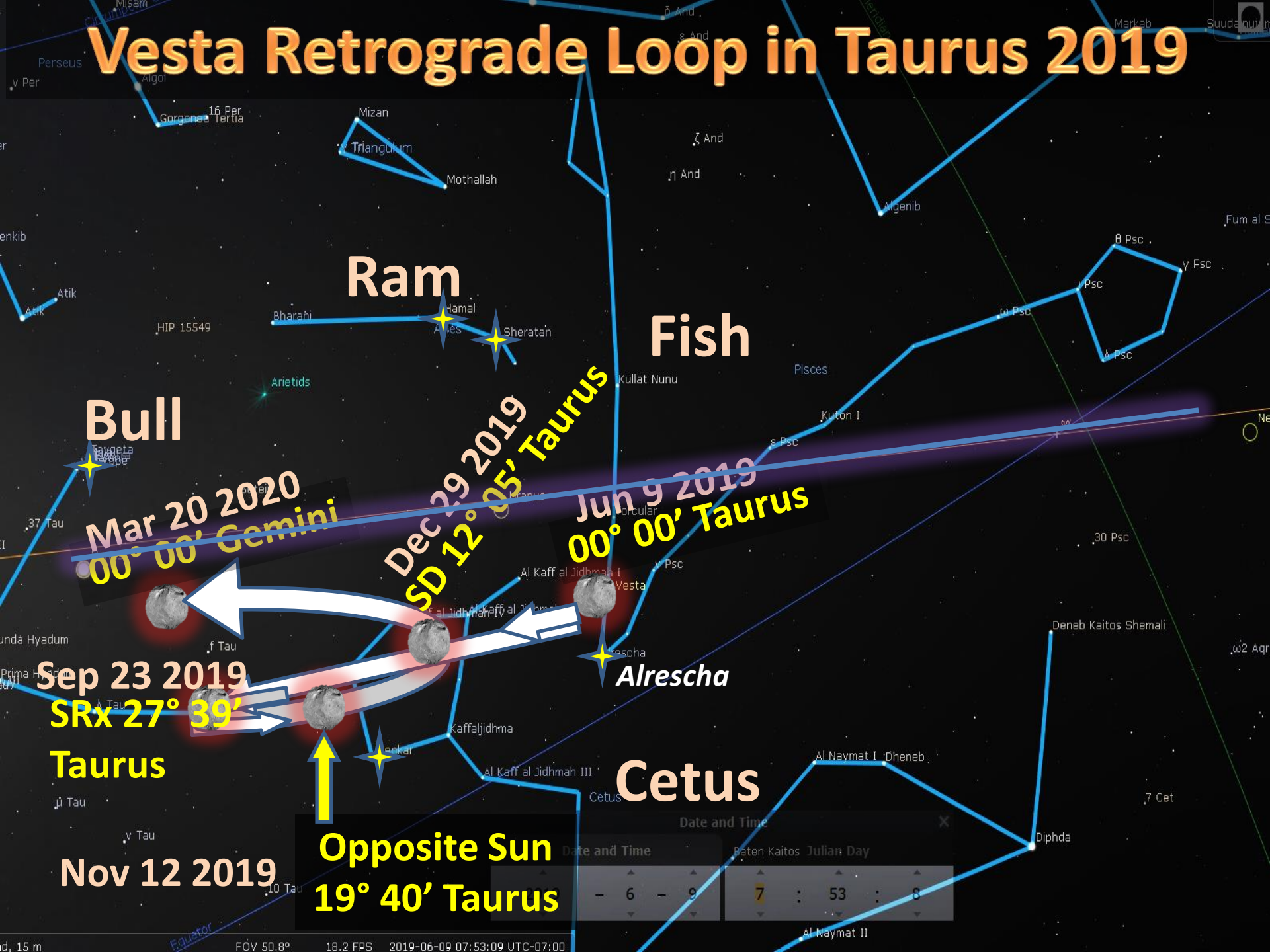
Vesta represents the “sacred hearth” within ourselves taking an average of 505 days (16 ½ months) to complete one synodic cycle (from Vesta-Sun opposition to Vesta-Sun opposition).

Vesta has an average of 93 days when it is retrograde with anywhere from 85 days to 98 days in a given synodic cycle. In 2019, there is a 97-day period when it is retrograde and in 2018 it was only 85 days. Vesta is, on average, retrograde 18%, during its synodic period.

Ceres is larger than Vesta, representing the Great Mother or Gaia averaging 467 days in a synodic cycle (about 15 1/3 months).

Ceres can be retrograde anywhere from 92 to 105 days with an average of 99 ½ days or about 21% of the time in its synodic cycle.

Vesta Retrograde Loop in Taurus 2019



Date and Time

Date and Time	Alrescha	Julian Day
- 6 - 9	7 : 53 : 8	

Alrescha

Retrograde Chiron In Aries until 2026

Stations Retrograde about 7 days later each year

Shifts backward about 4 1/2 degrees when in Aries

Due to elliptical orbit the number of degrees change. For example: Aquarius, Pisces, Taurus, Gemini, Chiron shifts back about 5 degrees. In Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius and Capricorn shift back about 6 degrees.

Jul 8 2019	Chiron	05°Ar56' R
Dec 12 2019	Chiron	01°Ar26' D
Jul 11 2020	Chiron	09°Ar26' R
Dec 15 2020	Chiron	04°Ar56' D
Jul 15 2021	Chiron	12°Ar56' R
Dec 19 2021	Chiron	08°Ar26' D
Jul 19 2022	Chiron	16°Ar26' R
Dec 23 2022	Chiron	11°Ar56' D
Jul 23 2023	Chiron	19°Ar58' R
Dec 26 2023	Chiron	15°Ar27' D
Jul 26 2024	Chiron	23°Ar32' R
Dec 29 2024	Chiron	19°Ar00' D
Jul 30 2025	Chiron	27°Ar10' R
Jan 2 2026	Chiron	22°Ar36' D



Retrograde Chiron in Aries

Is retrograde about 157 Days while in Aries

Trines Sun about 20 days later

Opposite Sun about 77 days after station retrograde

Trines Sun about 20 days before station direct



Jul 28 2019	Sun	05°Le46' D	Trine	Chiron	05°Ar46' R	20 day after station D
Sep 26 2019	Sun	03°Li39' D	Opposite	Chiron	03°Ar39' R	62 days after trine
Nov 23 2019	Sun	01°Sg36' D	Trine	Chiron	01°Ar36' R	21 days before station R
Jul 31 2020	Sun	09°Le16' D	Trine	Chiron	09°Ar16' R	20 days after station R
Sep 29 2020	Sun	07°Li09' D	Opposite	Chiron	07°Ar09' R	60 days after trine
Nov 26 2020	Sun	05°Sg06' D	Trine	Chiron	05°Ar06' R	20 days before station D
Aug 4 2021	Sun	12°Le45' D	Trine	Chiron	12°Ar45' R	20 days after station R
Oct 3 2021	Sun	10°Li39' D	Opposite	Chiron	10°Ar39' R	60 days after trine
Nov 30 2021	Sun	08°Sg36' D	Trine	Chiron	08°Ar36' R	20 days before station D



Planetary Retrogrades

If this was helpful and you would like to learn more about how these cycles impact us personally and collectively

Let Us Know for possible follow classes